

The Scoop

#112



From
Saunders Brothers
Farm Market

Fresh Farm Raised Zucchini and Yellow Squash are available at the Market

Nothing quite says summer like fresh squash and here is a recipe that uses both zucchini and yellow squash:

Garden Vegetable Salad

- 3 cups broccoli florets (about 1 bunch)
- 3 cups fresh green beans, trimmed and cut into 1 inch pieces
- 2 yellow squash, halved lengthwise, and cut into 1/4 inch thick slices
- 2 zucchini, halved lengthwise, and cut into 1/4 inch thick slices
- 1 cup chopped carrots
- 1 cup grape tomatoes, halved
- 1 (8 ounce) package whole mushrooms, quartered
- 1/2 to 3/4 cup of Italian salad dressing

In a large bowl combine broccoli, green beans, yellow squash, zucchini, carrots, grape tomatoes, and mushrooms. Add Italian dressing and toss gently to coat. Cover and refrigerate for at least 4 hours before serving.

Makes 8 to 10 servings

The Fuzz Buzz

Redhaven peaches will be available until July 16th. Sweet Scarlet peaches will be at the market until July 15th and White Lady peaches will be ready on Saturday, July 16th. Also available at the market are watermelons, cantaloupes, tomatoes, corn, green beans, eggplant, yellow squash, zucchini, cucumbers, and green peppers!!!

Everything is grown by Saunders Brothers!



Saturday is White Lady Peach Day



The White Lady peach is the first of the white fleshed peaches that are freestone. They are sweeter than yellow fleshed peaches due to their low acidity. This medium sized, red skinned peach is a favorite of many of our customers. So come by and sample this and all of the other produce available this week!